

# Aging Demographics



## The Issue:

As Nova Scotia seniors require an increased level of care, many are forced to live outside their community.

## Description:

An aging population requires different levels of care that promote their independence as long as possible in their community.

## Nova Scotia Connection:

Seniors account for over 18% of the population in Nova Scotia, and that number is expected to rise dramatically.

## More Info:

[State of Rural Canada - Nova Scotia Demographic Trends in Nova Scotia](#)  
[CBC Article on Long-Term Care](#)  
[CBC Article on Home Care in NS](#)

## Associated Issues:

Homecare; Independent Living; Retirement Homes; Nursing Homes; Chronic Illness